# **OHANA INSIGHTS** MARINE COMMUNITY UPDATES AND STORIES





OMC Residents donated over 718 pounds of food to Hawaii Foodbank for our October 2020 Helping Hands event. A very big Mahalo to all those who donated.



# **Our President's** Message

As the end of the year rapidly approaches, HMC will spend November honoring our veterans and their families. November 11th is an important day for us to pay tribute to those who have served our country. In honor of this, we launch our 2nd annual "30 Days for 30 Families" initiative. We are asking for you to submit stories of veterans which we will feature across our social media platforms throughout the month. These powerful stories are being collected and will be placed in a commemorative book. November and the Thanksgiving season gives us all a chance to pause and count our blessings. At HMC we remain very thankful for the families who live within our communities and for the opportunity to serve you. We were particularly moved by everyone's generosity in October as our Helping Hands program gathered food for more than 36 Food Banks throughout the country. Our heartfelt thanks to you and your families.

### **Contact Information** Manana Community Center

7215 Birch Circle, Pearl City, HI 96782 (808) 223-7646

**Mololani Community Center** 1931 Campion Drive, Kailua, HI 96734 (808) 839-8700

Waikulu Community Center 5081 Bingham Way, Kailua, HI 96734 (808) 839-8710

#### OMC Marine Corps Family Housing 1571 Lawrence Road, Kailua, HI 96734

(808) 839-8720

**OMC** Maintenance Department 2029 McLennan Drive, Kailua, HI 96734 (808) 833-4357

**OMC Self Help Center** 2029 McLennan Drive, Kailua, HI 96734 (808) 836-5434

OMC Self Help Center: 9-1-1 YES Energy: (855) 491-0365

John Ehle President Hunt Military Communities

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OhanaMarineCorpsCommunities.com

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# **Turkey Safety Tips**

SAFELY THAW YOUR TURKEY: Thaw turkeys in the refrigerator in a container, or in a leak-proof plastic bag in a sink of cold water that is changed every 30 minutes. When thawing a turkey in the microwave, follow the microwave oven manufacturer's instructions. Never thaw your turkey by leaving it out on the counter. A thawing turkey must defrost at a safe temperature. When the turkey is left out at room temperature for more than two hours, its temperature becomes unsafe. Bacteria can grow rapidly in the "danger zone" between 40°F and 140°F.

SAFELY HANDLE YOUR TURKEY: Raw poultry can contaminate anything it touches with harmful bacteria. Follow the four steps to food safety – cook, clean, chill, and separate – to prevent the spread of bacteria to your food and family.

**SAFELY COOK YOUR TURKEY**: Set the oven temperature to at least 325°F. Place the completely thawed turkey with the breast side up in a roasting pan that is 2 to 2-1/2 inches deep. Cooking times will vary depending on the weight of the turkey. To make sure the turkey has reached a safe internal temperature of 165°F, check by inserting a food thermometer into the center of the stuffing and the thickest portions of the breast, thigh, and wing joint. Let the turkey stand 20 minutes before removing all stuffing from the cavity and carving the meat. Source: CDC.gov

# Thanksgiving Cooking Safety:

#### **COMMON KITCHEN ACCIDENTS**

- 1. <u>Cooking Fires</u>: According to the NFPA, roughly 34 percent of home fires are related to leaving food unattended while it's cooking. These fires are also some of the most dangerous and contribute to nearly 27 percent of fire-related injuries each year. For this reason, it's best to keep an eye on things when you have food cooking on the stovetop or in the oven.
- 2. <u>Turkey-Fryer Burns</u>: Some families prefer to deep-fry their turkeys on Thanksgiving, a process that has become notorious for causing fires and severe burns. With high temperatures and a substantial amount of combustible cooking oil, this process is so dangerous that the NFPA encourages people to use restaurants or grocery stores to fry their turkeys.

For more information, please read the full article at elitecareemergency.com.



## Congratulations to our September Energy Challenge Winner!



#### Got an Awesome Idea!



Do you or somebody in your family have a fantastic idea that you would like to share with Ohana Military Communities? Is it a fun filled event? Is it something you would like added to our Self Help Store? Is it a better way of doing things to make life easier for our military families? If so, please submit your idea to Peyton at peyton.hoban@huntcompanies.com. We look forward to your innovative ideas!

## OMC Employee Spotlight -Monica Boonzaayer

- Monica Boonzaayer is a new leasing agent with Ohana Military Community—Marines.
- She just started her journey with Hunt this October.
- She enjoys seeing all of the new residents come in to find their new home as well as working side by side with her co workers to make the move in process as smooth as possible for the service member and their family.
- When she's not working, Monica enjoys going to brunch and catching up with friends. She also enjoys being active by training for competition grappling, boxing, and taking fitness classes.





"In November of 1919, President Woodrow Wilson proclaimed November Eleventh as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."



#### Thanksgiving Day Fourth Thursday of November

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AMERICA CANOE COLONY CORNUCOPIA ENGLAND FALL FAMILY FEAST FREEDOM GRATITUDE HARVEST HOLIDAY INDIANS MAIZE MAYFLOWER MILES STANDISH NEWWORLD NOVEMBER PILGRIMS PLYMOUTH PUMPKIN PIE PURITANS SQUASH STUFFING THANKSGIVING TURKEY YAMS



# **NOVEMBER 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 AC Filter Change Rent Is Due	2	3 Election Day	4	5	6 YOM Winner Announced	7
8	9	10 Marine Corps Ball Photo Contest	11 Veterans Day	12	13	14
15 AC Filter Change	16	17	18	19	20	2′
22	23	24	25	26 Thanksgiving Day OMC offices closed	27	28
29	30					

## **Calendar of Events**

- November 1st: Don't forget to pay rent and change air filters.
- November 6th: Yard of the Month Winner Announcement
- November 10th: Marine Corps Ball Photo Contest Check out our Facebook page for more information.
- November 11th: Veterans Day

- November 15th: Don't forget to change
- November 26th: Thanksgiving Day
- November 26th: OMC offices closed



